



The Gables Gazette

Luxury Carefree Living for Active Seniors

Pamela Parker, Social Director

NOVEMBER, 2017

A Message from Helen



Any problems, issues,
or other questions?
Call me on my cell at
(786) 556-9009
or e-mail me at
Helen@ThePalace.org.
Love Helen Shaham,
Owner, The Palace Group

Month at a Glance

Please RSVP with Reservations Desk for
all activities marked in **RED**
Pre-Purchased Activities in **GREEN**

- 01 All Saints Mass with Father O'Grady
- 01 Lunch & Actors Playhouse Excursion
- 02 A Classical Affair with Adam Chefitz
- 04 Jewelry Design Class with Donna
- 04 A Nite on Broadway on the Big Screen
- 05 DAYLIGHT SAVINGS TIME ENDS
- 05 Floral Design Class with Jenna
- 06 1st Run Film "Marjorie Prime"
- 07 A Nite at the Met on the Big Screen
- 08 Excursion to Festival Flea Market
- 09 Rome Saldino & Co. Performs Live
- 11 Veteran's Day Presentation & Show
- 12 Outing to Symphony at Arsht Center
- 13 Temple Judea Youth Group Visits
- 14 Food Council Meeting
- 14 Resident's NYC Deli Buffet Dinner
- 14 Holidays in NYC with Steve Schlesinger
- 15 Outing to Bass Art Museum
- 16 Big Band Dance Nite
- 18 Outing to Ring Theatre
- 18 Jewelry Design Class with Donna
- 18 A Nite at the Met on the Big Screen
- 19 Thanksgiving Mass with Father O'Grady
- 19 Floral Design Class with Jenna
- 20 1st Run Film "The Glass Castle"
- 20 Resident's Council Meeting
- 21 Activities & Film Council Meeting
- 21 Being Thankful with Rabbi Tom
- 22 Excursion to Mizner Park
- 23 Family & Friends Thanksgiving Brunch
- 25 Foreign Film Night
- 27 1st Run Film "The Secret Scripture"
- 28 November Birthday Cake Presented
- 28 Everybody Has a Story w/ Dorte Abrams
- 29 Beach BBQ with Pam, Steph & Katrina
- 30 James Perkowski Performs Live

Make your Guest Reservations for our November FAMILY & FRIENDS EVENTS



FAMILY & FRIENDS THANKSGIVING

THURSDAY, NOVEMBER 23
11:30 AM

Please RSVP with The Concierge
(786) 441-8787

*Traditional holiday fare served in
The Palace Coral Gables splendor*



An exclusive selection of vendors will be on hand for your
holiday gift-giving needs. Shop for Family & Friends and
make sure to buy something lovely for yourself, as well!

Enjoy complimentary Biscotti & Coffee at our Shopper's Café with purchase
Major Credit Cards, Personal Checks & Cash Accepted
- FAMILY & FRIENDS INVITED TO ATTEND -

VENDORS PARTICIPATING
Rolling Boutique Jewelry & Handbags - The Chosen Gift
CF Creations - Annamaria Soaps
Leah's Little Gift Baskets - Miami Lighthouse Boutique
Palace Christmas Hut Gift Wrap & Cards

**Our Family & Friends Events are complimentary and DO require
Guest Reservations. In order to better serve you and your guests,
please make your reservations well in advance at our Concierge Desk.**

**For your convenience, our RESERVATIONS DESK is open daily from
5:00-6:00 pm at the Concierge Desk. Please make your monthly class,
excursion and special events reservations here at those times.**

The Digital Screens, located on every floor, are an up-to-the-minute
listing of menus, activities and events.

When in doubt, ask any of our Staff Members!

*Activities Abound
at The Palace Coral Gables!*

RED = EDUCATIONAL ACTIVITY BLUE = PHYSICAL ACTIVITY

Calendar is subject to change... Please check Daily Digital Listings for up-to-the-minute info

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Enjoy Pam's Smoothie Bar Every Thursday Morning 9:00-10:00 am November			Actors Playhouse Today 1 10:30 Tai Chi with Tony 11:30 Lunch & Actors Playhouse 11:30 All Saints Mass with Fr. O'Grady 2:00 Senior Spinning Class with Julian 2:30 NEW! Learn to Play Canasta 3:00 Current Events with Pam 4:30 Happy Hour with Gerry 8:00 Cruise Ship Bingo	2 10:30 Barrerobics Gold with Edgar 11:30 Bollywood Gold with Nara 2:00 Learn to Paint with Judith 2:00 Club Social Latino Con Nara 3:00 Spanish Lessons with Nara 4:30 Happy Hour with Madrigal 8:00 A Classical Affair <i>with pianist Adam Cheftz</i>	3 10:30 Osher Lifelong Learning 2:00 Religion Club with Bud 2:00 Senior Spinning Class with Julian 3:00 NYC Ballet Barre with Steph 3:30 Shabbat Services with Rabbi S. 4:30 Happy Hour with Michael B. 7:45 Resident's Request Movie 8:00 Cruise Ship Bingo	4 10:30 Zumba Gold with Nara 2:00 Resident's Request Movie Matinee 2:00 Jewelry Design with Donna 3:00 Palace Theatre Group with Michelle 4:30 Happy Hour w/Rich 8:00 A Night on Broadway on Big Screen <i>"Catskills on Broadway"</i> <i>Starring Mal Z. Lawrence</i>
Clocks Back One Hour 5 10:30 Barrerobics Gold 1:45 Residents Request Movie 2:00 Floral Design Class RSVP 2:00 Blackjack Casino with Pam 3:00 Sing Along with Pam 4:30 Happy Hour with Pamir 7:45 Noche de Cine Latino en el Teatro 8:00 Cruise Ship Bingo	6 10:30 Osher Lifelong Learning 2:00 Relaxing Chair Yoga with Vickie 2:00 Learn to Knit with BJ 3:00 Multi-Media Art w/Judith 3:00 Line Dancing with Katrina 4:30 Happy Hour with Danny O. 8:00 First Run Movie Night in Theatre <i>"Marjorie Prime" Drama PG-13</i>	7 10:30 Silver Sneakers with Nara 10:30 NEW! Yiddish with Chany 2:00 Life Stories with Dorte 2:00 Aqua Zumba with Portia 3:00 Sing-Along with Katrina 4:30 Happy Hour with Ralph 8:00 A Night at the Met on Big Screen <i>"Falstaff"</i>	8 10:30 Tai Chi with Tony 11:00 Excursion Festival Flea Mkt RSVP 1:00 Lighthouse Vision Boutique 2:00 Senior Spinning Class with Julian 2:30 NEW! Learn to Play Canasta 4:30 Happy Hour with Peter 8:00 Cruise Ship Bingo	Diners Club @ 4pm 9 10:30 Barrerobics Gold with Edgar 11:30 Bollywood Gold with Nara 2:00 Learn to Paint with Judith 2:00 NEW! Fashion Club with Eve 3:00 Spanish Lessons with Nara 4:30 Happy Hour w/Elegant Musicians 8:00 Showtime at The Palace LIVE! <i>Feelin' Good" with Rome Saldino</i>	10 10:30 Osher Lifelong Learning 2:00 Religion Club with Bud 2:00 Senior Spinning Class with Julian 3:00 NYC Ballet Barre with Steph 3:00 Shabbat Services with Rabbi S. 4:30 Happy Hour with Grace 7:45 Resident's Request Movie 8:00 Cruise Ship Bingo	Veteran's Day 11 10:30 Zumba Gold with Nara 11:30 Diner's Club Outing Departs 2:00 Resident's Request Movie Matinee 3:00 Palace Theatre Group with Michelle 4:30 Happy Hour w/Lori 7:30 Veteran's Day Presentation 8:00 A Salute to the Vets & America <i>with Larry "Piano Man" Brendler</i>
MISO Tonite 12 10:30 Barrerobics Gold 1:45 Residents Request Movie 2:00 Blackjack Casino with Katrina 3:00 Sing Along with Pam 4:30 Happy Hour with Katherine 5:00 Bus to Arsh't Center Departs 8:00 Noche de Música Latina con Freddy 8:00 Cruise Ship Bingo	13 10:30 Osher Lifelong Learning 2:00 Relaxing Chair Yoga with Vickie 2:00 Learn to Knit with BJ 3:00 Multi-Media Art w/Judith 3:00 Line Dancing with Katrina 4:30 Happy Hour with Lani 8:00 Temple Judea Youth Leaders Visit <i>Enjoy this Intergenerational Program</i>	Resident's NYC Deli 14 10:30 Silver Sneakers with Nara 2:00 Life Stories with Dorte 2:00 Aqua Zumba with Portia 3:00 Food Council Meeting 3:00 Sing-Along with Pam 4:30 Resident's Buffet Deli dinner 8:00 Speaker's Guild in Theatre <i>"Holidays in NYC" with Steve Schlesinger</i>	15 10:30 Tai Chi with Tony 11:00 Excursion Bass Museum RSVP 2:00 Senior Spinning Class with Julian 2:30 NEW! Learn to Play Canasta 3:00 Current Events with Pam 4:30 Happy Hour with Kenny 7:45 Resident's Request Movie 8:00 Cruise Ship Bingo	16 10:30 Barrerobics Gold with Edgar 11:30 Bollywood Gold with Nara 2:00 Learn to Paint with Judith 2:00 Club Social Latino Con Nara 2:00 NEW! Learn to Play Canasta 3:00 Spanish Lessons with Nara 4:30 Happy Hour with Ruby 7:30 Big Band Dance Nite	17 10:30 Osher Lifelong Learning 2:00 Religion Club with Bud 2:00 Senior Spinning Class with Julian 3:00 NYC Ballet Barre with Steph 3:00 Shabbat Services with Rabbi S. 4:30 Happy Hour w/Elegant Musicians 7:45 Resident's Request Movie 8:00 Cruise Ship Bingo	Ring Theatre 18 10:30 Zumba Gold with Nara 1:15 Bus to Ring Theatre Departs 2:00 Resident's Request Movie Matinee 2:00 Jewelry Design with Donna 3:00 Palace Theatre Group with Michelle 4:30 Happy Hour w/Rich 8:00 A Night at the Met on Big Screen <i>"Rusalka" Starring Renee Fleming</i>
19 10:30 Barrerobics Gold 11:30 Thanksgiving Mass w/Fr. O'Grady 2:00 Floral Design Class RSVP 2:00 Blackjack Casino with Pam 4:30 Happy Hour with Sasha 7:45 Holiday Movie Special 8:00 Cruise Ship Bingo	Resident's Council 3pm 20 10:30 Osher Lifelong Learning 2:00 Relaxing Chair Yoga with Vickie 2:00 Learn to Knit with BJ 3:00 Multi-Media Art w/Judith 3:00 Line Dancing with Katrina 4:30 Happy Hour with Danny O. 8:00 First Run Movie Night in Theatre <i>"The Glass Castle" Drama PG-13</i>	21 10:30 Silver Sneakers with Nara 10:30 NEW! Yiddish with Chany 2:00 Life Stories with Dorte 2:00 Aqua Zumba with Portia 3:00 Activities & Film Council Meeting 4:30 Happy Hour with Kenny 8:00 Speaker's Guild in Theatre <i>"Being Thankful " with Rabbi Tom</i>	22 10:30 Tai Chi with Tony 11:00 Excursion to Mizner Park RSVP 2:00 Senior Spinning Class with Julian 2:30 Canasta Returns Next Week 3:00 Current Events with Pam 4:30 Happy Hour with Steve 7:45 Resident's Request Movie 8:00 Cruise Ship Bingo	Family & Friends Event 23 The Palace Management & Staff wish you and yours a bountiful holiday	24 10:30 Osher Lifelong Learning 2:00 Religion Club with Bud 2:00 Senior Spinning Class with Julian 3:00 NYC Ballet Barre with Steph 3:00 Shabbat Services with Rabbi S. 4:30 Happy Hour with Michael B. 7:45 Resident's Request Movie 8:00 Cruise Ship Bingo	25 10:30 Zumba Gold with Nara 2:00 Resident's Request Movie Matinee 3:00 Palace Theatre Group with Michelle 4:30 Happy Hour w/Lori 8:00 Foreign Film Night <i>"Aquarius" Starring Sonia Braga</i> <i>Portuguese with English Subtitles</i>
26 10:30 Barrerobics Gold 1:45 Residents Request Movie 2:00 Blackjack Casino with Pam 3:00 Sing Along with Pam 4:30 Happy Hour with Oderlyn 7:45 Noche de Cine Latino en el Teatro 8:00 Cruise Ship Bingo	27 10:30 Osher Lifelong Learning 2:00 Relaxing Chair Yoga with Vickie 2:00 Learn to Knit with BJ 3:00 Multi-Media Art w/Judith 3:00 Line Dancing with Katrina 4:30 Happy Hour with Lani 8:00 First Run Movie Night in Theatre <i>"The Secret Scripture" Drama PG-13</i>	Monthly B'day Cake 28 10:30 Silver Sneakers with Nara 2:00 Life Stories with Dorte 2:00 Aqua Zumba with Portia 3:00 Sing-Along with Pam 4:30 Happy Hour with Kevin 8:00 Speaker's Guild in Theatre <i>"Everybody Has a Story"</i> <i>Importance of Storytelling w/Dorte Abrams</i>	29 10:30 Tai Chi with Tony 11:00 Excursion Beach BBQ RSVP 2:00 Senior Spinning Class with Julian 2:30 NEW! Learn to Play Canasta 4:30 Happy Hour with Freddy 7:45 Resident's Request Movie 8:00 Cruise Ship Bingo	30 10:30 Barrerobics Gold with Edgar 11:30 Bollywood Gold with Nara 2:00 Learn to Paint with Judith 2:00 Club Social Latino Con Nara 3:00 Spanish Lessons with Nara 4:30 Happy Hour w/Elegant Musicians 8:00 Showtime at The Palace <i>Starring the dynamic James Perkowski</i>	Happy Thanksgiving	

Catholic Communion every Thursday Morning at 10:00 am with Church of the Little Flower
Shabbat Services every Friday Afternoon at 3:00 pm with Rabbi Stolik

HOLLYWOOD FILM PREMIERE AND A HALLOWEEN DRAG BALL



DINING ENJOYMENT

Continental Breakfast 7:30-10:30 am

Lunch 12:30-2:00 pm

Daily Happy Hour 4:30-6:00 pm

Dinner Served 4:30-7:30 pm

HEALTH & WELLNESS

MONDAY: YOGA (2:00) B ALANCE (2:00) LINE DANCING (3:00)

TUESDAY: SILVER SNEAKERS (10:30) AQUA ZUMBA (2:00)

WEDNESDAY: TAI CHI (10:30) SENIOR SPINNING (2:00)

THURSDAY: BARREROBICS (10:30) BOLLYWOOD GOLD (11:30)

FRIDAY: SENIOR SPINNING (2:00) NYC BALLET BARRE (3:00)

SATURDAY: ZUMBA (10:30)

SUNDAY: BARREROBICS (10:30)