



The Gables Gazette

Luxury Carefree Living for Active Seniors

Pamela Parker, Social Director

NOVEMBER, 2016

A Message from Helen



Any problems, issues,
or other questions?
Call me on my cell at
(786) 556-9009
or e-mail me at
Helen@ThePalace.org.
Love Helen Shaham,
Owner, The Palace Group

Month at a Glance

Please RSVP with Reservations Desk
for all activities marked in **RED**

Pre-Purchased Activities in **GREEN**

- 01 On-Site Voting for President
- 01 Activity Council Meets
- 02 Excursion Festival Flea Market
- 02 Speaker - Marie Antoinette
- 03 Pam's Surprise Program Tonite
- 06 TURN CLOCKS BACK 1 HR.
- 07 First Run Film "Café Society"
- 08 Food Council Meets
- 08 Election Returns on Big Screen
- 09 Excursion Bayside Cruise/Lunch
- 10 Plaza Personalities w/Eduardo
- 12 Film Critic Dan Hudak Speaks
- 13 Computer Class with Max
- 14 First Run Film "Ithaca"
- 15 Resident's Council Meets
- 16 Excursion to Key Biscayne
- 17 Big Band Dance Night
- 19 Excursion to Ring Theatre
- 19 Larry "Piano Man" Brendler
- 20 Excursion Florida Grand Opera
- 20 Excursion Miami Symphony
- 20 Family & Friends Thanksgiving
- 20 Chocolate Dessert Buffet
- 21 Temple Judea Intergenerational
- 22 Miami Royal Ballet Performs
- 23 Inside Outing Chinese Lunch
- 24 Resident's Thanksgiving Feast
- 26 Film Critic Dan Hudak Speaks
- 27 Excursion to Gables Stage
- 28 First Run Film "Indignation"
- 29 Living with Low Vision
- 30 Excursion Flamingo Gardens

It is my great pleasure to introduce you to my two new Entertainment Assistants, Stephanie Coleman and Katrina Tuano! Both ladies are a welcome addition to my Social Staff. Most of you already know Katrina since June, when she joined us for a college internship. Her welcoming smile and bubbly personality convinced me I should hang on to this gem of a young lady as long as possible! Then, I found myself in need of an experienced activities assistant when Adrian was promoted to Social Director at The Palace Suites and just as if it were meant to be...there was the delightful Stephanie knocking




at my door, resume in hand! Her experience with Norwegian Cruise Lines as an assistant cruise director for the past 5 years convinced me to hire this lovely British lass immediately. And, when I asked if she would wear costumes and her eyes lit up as she exclaimed YES! I knew I had made the right choice. So now, our department consists of 2 Cool Chicks and a Mother Hen! And, oh boy, do we have a super exciting line up of holiday excitement planned for you, your family and friends over the next few months. Beginning this month with our Family and Friends Thanksgiving Feast on Sunday, November 20 and through December with celebrations for Chanukah, Christmas and New Years Eve, your social calendar will be filled with excitement. Our events are always sold out so please be sure to make your Guest Reservations EARLY any afternoon at 5:00 pm at our Reservations Desk. And, we have many more wonderful surprises in store for you, so make sure you take a peek at the calendar inside and mark the activities and events that interest you...we hope you'll participate in most, if not all! I know will give Steph and Katrina a warm Palace Welcome and make them feel right at home...I have the feeling they already do. With Love, Pam

DON'T BE LEFT OUT OF THE FUN!
RSVP TODAY FOR NOVEMBER EVENTS



RED = EDUCATIONAL ACTIVITY BLUE = PHYSICAL ACTIVITY

Calendar is subject to change...Please check Daily Digital Listings for up-to-the-minute info

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						
Turn Clocks Back 1 Hr. 6		7	8	9	10	11
10:30 Barrerobics Gold 1:45 Residents Request Movie 2:00 Blackjack Casino with Pam 4:30 Happy Hour with Pamir 7:45 Resident's Movie Encore 8:00 Cruise Ship Bingo Night		10:30 Gentle Chair Yoga 2:00 Learn to Knit with BJ 2:00 Bridge Lessons w/ Silvia 3:00 Multi-Media Art w/Judith 4:30 Happy Hour with Lani 8:00 1st Run Movie Night "Café Society" Comedy	10:30 Silver Sneakers 2:00 Aqua Zumba 2:00 Torsh Study /Trivia Challenge 3:00 Food Council Meets 4:30 Happy Hour with Baserva 8:00 Election Returns on Big Screen Who will be our next President?	10:30 Tai Chi 11:00 Bayside Cruise & Lunch RSVP 2:00 Aquacise Class 2:30 Mah Jongg Lessons 4:30 Happy Hour with Ralph 7:45 Resident's Request Movie 8:00 Cruise Ship Bingo	10:30 Barrerobics Gold 2:00 Painting with Jim 2:00 Club Social Latino Con Nara 2:00 Blackjack Casino with Katrina 3:00 Spanish Lessons with Nara 3:00 Move your Boombsey 4:30 Happy Hour with Ruby 8:00 Plaza Personalities	10:30 Osher University Learning 1:30 Aquacise with Julian 2:00 LifeStories with Dorte 3:00 Shabbat Services w/Rabbi S. 4:30 Veteran's Day Happy Hour 7:45 Resident's Request Movie 8:00 Cruise Ship Bingo with Steph
13		14	15	16	17	18
10:30 Barrerobics Gold 10:00-3:00 Computers w/Max RSVP 1:45 Residents Request Movie 2:00 Blackjack Casino with Katrina 4:30 Happy Hour with Katherine 7:45 Resident's Movie Encore 8:00 Cruise Ship Bingo Night		10:30 Gentle Chair Yoga 2:00 Learn to Knit with BJ 2:00 Bridge Lessons w/ Silvia 3:00 Multi-Media Art w/Judith 4:30 Elegant Happy Hour 8:00 1st Run Movie Night "Ithaca" Drama	10:30 Silver Sneakers 2:00 Aqua Zumba 2:00 Yiddish or Trivia Challenge 3:00 Resident's Council Meets 4:30 Happy Hour with Kenny 8:00 Speaker's Guild in Theatre	10:30 Tai Chi 11:00 Key Biscayne Museum RSVP 2:00 Aquacise Class 2:30 Mah Jongg Lessons 4:30 Happy Hour with Gerry 7:45 Resident's Request Movie 8:00 Cruise Ship Bingo	10:30 Barrerobics Gold 2:00 Painting with Jim 2:00 Club Social Latino Con Nara 2:00 Blackjack Casino with Katrina 3:00 Spanish Lessons with Nara 3:00 Move your Boombsey 4:30 Happy Hour with Baserva 7:30 Big Band Dance Night	10:30 Visit our Gym for Fitness 1:30 Aquacise with Julian 2:00 LifeStories with Dorte 3:00 Shabbat Services w/Rabbi S. 4:30 Happy Hour with Gabriela 7:45 Resident's Request Movie 8:00 Cruise Ship Bingo with Steph
Family & Friends RSVP 20		21	22	23	24	25
10:30 Barrerobics Gold 12:30 Bus to Florida Grand Opera 5:00 Bus to Miami Symphony Orch 5:00 Family & Friends Thanksgiving Traditional Holiday Feast & Our own Chocolate Thanksgiving Dessert Buffet		10:30 Gentle Chair Yoga 2:00 Bridge Lessons w/ Silvia 3:00 Multi-Media Art w/Judith 3:00 Dance Event Costume Fitting 4:30 Happy Hour with Lani 8:00 Intergenerational Program Join the teens of Temple Judea	10:30 Silver Sneakers 2:00 Aqua Zumba 2:00 Torsh Study /Trivia Challenge 3:00 Thanksgiving Crafts with Pam 4:30 Happy Hour with Steve 8:00 Holidays 2016 in the Theatre Miami Royal Ballet Performs	10:30 Tai Chi 12:30 Inside Outing on Terrace Chinese Take Away RSVP 2:00 Aquacise Class 2:30 Mah Jongg Lessons 4:30 Happy Hour with Ileana 7:45 Movie/Cruise Ship Bingo	Thanksgiving 24 <i>The Management & Staff of The Palace Coral Gables wishes you & yours A Happy Thanksgiving</i> 5:00 Resident's Thanksgiving Feast 7:00 Holiday Movie in Theatre	
Gables Stage Today 27		28	29	30	<h1>November</h1>	
10:30 Barrerobics Gold 11:30 Catholic Mass w/Fr. O'Grady 2:00 Blackjack Casino with Pam 4:30 Happy Hour with Sasha 6:00 Live Dinner Music Tonight 7:45 Resident's Movie Encore 8:00 Cruise Ship Bingo Night		10:30 Gentle Chair Yoga 2:00 Bridge Lessons w/ Silvia 3:00 Multi-Media Art w/Judith 4:30 Elegant Happy Hour 8:00 1st Run Movie Night "Indignation" Drama	10:30 Silver Sneakers 2:00 Aqua Zumba 2:00 Yiddish or Trivia Challenge 3:00 Yappy Hour for Palace Pups 4:30 Happy Hour with Ruby 8:00 Living with Low Vision Miami Lighthouse	10:30 Tai Chi 10:30 Flamingo Gardens Davie RSVP 2:00 Aquacise Class 2:30 Mah Jongg Lessons 4:30 Happy Hour with Peter 7:45 Resident's Request Movie 8:00 Cruise Ship Bingo		

REMEMBER TO RSVP EARLY FOR EVENTS, CLASSES & ACTIVITIES
RESERVATIONS DESK OPEN DAILY FROM 5:00 - 6:00 pm

OCTOBER USHERED IN THE SEASON OF CELEBRATIONS...



DINING ENJOYMENT

Continental Breakfast 7:30-10:30 am

Lunch 12:30-2:00 pm

Daily Happy Hour 4:30-6:00 pm

Dinner Served 4:30-7:30 pm

HEALTH & WELLNESS

MONDAY: YOGA (10:30) BALANCE (2:00)

TUESDAY: SILVER SNEAKERS (10:30)

TUESDAY: AQUA ZUMBA (2:00)

WEDNESDAY: TAI CHI (10:30) AQUACISE (2:00)

THURSDAY: BARREROBICS (10:30) MOVE YOUR BOOMBSEY (3:00)

FRIDAY: MAKE-UP SPA (2:00)

SATURDAY: ZUMBA (10:30)

SUNDAY: BARREROBICS (10:30) REIKI CIRCLE (2:00)