



# The Gables Gazette

*Luxury Carefree Living for Active Seniors*

Pamela Parker, Social Director

JANUARY 2018

## A Message from Helen



Any problems, issues,  
or other questions?

Call me on my cell at  
(786) 556-9009

or e-mail me at

Helen@ThePalace.org.

## Month at a Glance

Please RSVP with Reservations Desk for  
all activities marked in **RED**  
Pre-Purchased Activities in **GREEN**

- 01 **HAPPY NEW YEAR 2018!**
- 02 Nite at the Met "La Donna Del Lago"
- 03 "You Only Live Twice" w/ David Leddick
- 03 **Lunch Outing to Kyogin Asian Buffet**
- 04 Plaza Personalities with Josh Laiviere
- 06 **NEW! Learn to Play Piano with Rich**
- 06 Jewelry Design Class with Donna
- 06 Larry "Piano Man" Brendler Performs
- 07 **Floral Design Class with Jenna**
- 08 1st Run Movie "Mountain Between Us"
- 09 Dining and Food Council Meets
- 09 Benefits of Medical Marijuana Lecture
- 10 **Excursion to Gulfstream Race Track**
- 10 **NEW! News of the Day with Pam**
- 11 Plaza Personalities starring "JV"
- 13 **Advanced Jewelry Class with Donna**
- 13 **Family & Friends German Bierhaus**
- 14 **3rd Floor Block Party**
- 14 **Diner's Club Dinner Outing**
- 15 **NEW! Selected Supreme Court Cases**
- 15 Resident's Council Meets
- 15 1st Run Film "The Stolen"
- 16 Activities & Film Council Meets
- 16 Author Ana Veciana-Suarez Speaks
- 17 **Excursion to Dolphin Mall**
- 18 Plaza Personalities with Kelly Kennedy
- 20 Karaoke Kafe with Sir Diego
- 21 **New Resident Tea Party**
- 21 **Excursion to MISO at Arsht Center**
- 22 1st Run Film "Mark Felt"
- 23 Foreign Film Nite "The Midwife" French
- 24 **Actor's Playhouse Lunch & Show**
- 25 Strawberry Shortcake Social w/ Show
- 26 **Diner's Club Luncheon**
- 27 Jewelry Design with Donna
- 27 Ragtime Concert with Peter Bergin
- 28 Catholic Mass with Fr. O'Grady
- 28 **Floral Design with Jenna**
- 28 January Birthday Party
- 29 Superbowl Betting Opens
- 29 Temple Judea Youth Leaders Visit
- 30 1st Run Film "Loving Vincent"
- 31 **Beach BBQ Picnic on Key Biscayne**

## HAPPY NEW YEAR FROM THE PALACE CORAL GABLES

Dear Friends...It is with great affection I wish each and every one of you a Happy, Healthy and Prosperous 2018. I can't believe the New Year is here and almost in full swing. I'm just so excited with our January calendar and I hope you will be, as well. We've tweaked it a bit so take a look and make sure you take note of the new and exciting additions. I'm very happy about the positive changes I've made. We're also beginning the new year with some personnel changes. Both of my invaluable assistants, Steph and Katrina have decided to move on...Steph to begin a family this year and Katrina to follow her dream in hospitality events. I feel like the old mama bird...knowing my babies must

fly but hesitant to push them out of the nest. Still, it is with great love I wish them all the best in their wonderful new adventures. So, you'll be seeing much activity in my department and I hope you'll understand and be patient while I reorganize in the hopes of making our Entertainment better than ever. Please remember to see me if you have any suggestions on how I can better serve you with all of your activities and entertainment needs. It's the new year, so let's begin on a spectacular note and make 2018 the best year ever! I look forward to celebrating life "The Palace Way" with all of you.

Love, Pam  
pam@thepalace.org



**Our Family & Friends Events are complimentary and DO require Guest Reservations. In order to better serve you and your guests, please make your reservations well in advance at our Concierge Desk.**

**For your convenience, our RESERVATIONS DESK is open daily from 5:00-6:00 pm at the Concierge Desk. Please make your monthly class, excursion and special events reservations here at those times.**


**The Digital Screens, located on every floor, are an up-to-the-minute listing of menus, activities and events.**

**When in doubt, ask any of our Staff Members!**

*Activities Abound  
at The Palace Coral Gables!*



# Blackjack Casino every Thursday (2 Tables) & Sunday (1 Table) at 2:00 pm

| Sun  | Mon   | Tue  | Wed   | Thu   | Fri  | Sat   |
|--|---|--|---|---|--|---|
|   | <b>New Year's Day 2018 1</b><br><br><i>Holiday Schedule Today</i><br><i>Happy &amp; Healthy New Year</i><br><i>from all of us at The Palace</i><br><br>7:30 First Run Movie Night<br>"Dunkirk" War Drama PG-13  | <b>2</b><br><br>10:30 Silver Sneakers with Nara<br>10:30 Yiddish with Chany<br>11:30 Balance Class with Julian<br>2:00 Aqua Aerobics with Portia<br>4:30 Happy Hour with Ralph<br>8:00 A Night at the Met on Big Screen<br>"La Donna Del Lago" Rossini | <b>3</b><br><br>10:30 Tai Chi with Tony<br>11:30 Lunch at Kyojin Asian Buffet <b>RSVP</b><br>2:00 Balance Class with Julian<br>4:30 Happy Hour with Gerry<br>8:00 <b>New Series Begins Next Week</b><br>"You Only Live Twice"<br>Motivational Series with David Leddick<br>8:00 Cruise Ship Bingo                                       | <b>4</b><br><br>10:30 Barrerobics Gold with Edgar<br>11:30 Bollywood Gold with Nara<br>2:00 Mixed Media Art with Judith<br>2:00 Club Social Latino Con Nara<br>2:00 Aqua Aerobics with Portia<br>4:30 Happy Hour with Freddie<br>8:00 Plaza Personalities<br>with singer John Lariviere                 | <b>5</b><br><br>10:30 Osher Lifelong Learning<br>2:00 Religion Club with Bud<br>2:00 Senior Spinning Class with Julian<br>3:00 Shabbat Services with Rabbi S.<br>4:30 Happy Hour with Grace<br>7:45 Resident's Request Movie<br>8:00 Cruise Ship Bingo                             | <b>6</b><br><br>10:30 Zumba Gold with Nara<br>2:00 <b>NEW!</b> Piano Lessons with Rich<br>2:00 Resident's Request Movie Matinee<br>2:00 Jewelry Design with Donna<br>3:00 Palace Theatre Group with Michelle<br>4:30 Happy Hour w/Lori<br>8:00 Plaza Personalities<br>Starring Larry "Piano Man" Brendler   |
| <b>7</b><br><br>10:30 Barrerobics Gold<br>1:45 Residents Request Movie<br>2:00 Floral Design with Jenna <b>RSVP</b><br>4:30 Happy Hour with Pamir<br>7:45 Cine de Latino en el Teatro<br>8:00 Cruise Ship Bingo  | <b>8</b><br><br>10:30 Osher Lifelong Learning<br>2:00 Relaxing Chair Yoga with Vickie<br>2:00 Learn to Knit with BJ<br>3:00 <b>New Series Begins Next Week</b><br>"Selected Supreme Court Cases"<br>4:30 Happy Hour with Lani<br>8:00 First Run Movie Night<br>"The Mountain Between Us" Drama PG-13                                      | <b>9</b><br><br>10:30 Silver Sneakers with Nara<br>11:30 Balance Class with Julian<br>2:00 Aqua Aerobics with Portia<br>3:00 Food and Dining Council<br>4:30 Happy Hour with Madrigal<br>8:00 The Benefits of Medical Marijuana<br>with Dr. Anita Wong | <b>10</b><br><br>10:30 Tai Chi with Tony<br>11:00 Gulfstream Race Track <b>RSVP</b><br>2:00 <b>NEW</b> News of the Day with Pam<br>2:00 Balance Class with Julian<br>4:30 Happy Hour with Peter<br>7:45 Resident's Request Movie<br>8:00 <b>You Only Live Twice with David</b><br>8:00 Cruise Ship Bingo                                | <b>11</b><br><br>10:30 Barrerobics Gold with Edgar<br>11:30 Bollywood Gold with Nara<br>2:00 Mixed Media Art with Judith<br>2:00 Club Social Latino Con Nara<br>2:00 Aqua Aerobics with Portia<br>4:00 Diner's Club Planning Meeting<br>4:30 Happy Hour with Ruby<br>8:00 Plaza Personalities with "JV" | <b>12</b><br><br>10:30 Osher Lifelong Learning<br>2:00 Religion Club with Bud<br>2:00 Senior Spinning Class with Julian<br>3:00 Shabbat Services with Rabbi S.<br>4:30 Happy Hour with Michael B.<br>7:45 Resident's Request Movie<br>8:00 Cruise Ship Bingo                       | <b>Family &amp; Friends Dinner 13</b><br><br>10:30 Zumba Gold with Nara<br>2:00 <b>NEW!</b> Piano Lessons with Rich<br>2:00 Advanced Jewelry w/Donna <b>RSVP</b><br>3:00 Palace Theatre Group with Michelle<br>4:30 Happy Hour w/Rich<br>5:00 German Bierhaus Dinner Buffet<br>Invite Family & Friends for an authentic<br>Bierhaus Experience - <b>RSVP Required</b> |
| <b>3rd Floor Block Party 14</b><br><br>10:30 Barrerobics Gold<br>1:45 Residents Request Movie<br>3:00 Block Party on Café Terrace <b>RSVP</b><br>Meet your neighbors!<br>4:30 Happy Hour with Katherine<br>5:30 Diner's Club Outing Bus Departs<br>7:45 Noche de Música Latina con Freddy<br>8:00 Cruise Ship Bingo  | <b>15</b><br><br>10:30 Osher Lifelong Learning<br>2:00 Relaxing Chair Yoga with Vickie<br>2:00 Learn to Knit with BJ<br>2:00 <b>NEW TIME!</b> Resident's Council<br>3:00 <b>Selected Supreme Court Cases</b><br>with Elliott Manning<br>4:30 Happy Hour with Danny O.<br>8:00 First Run Movie Night "The Stolen"                          | <b>16</b><br><br>10:30 Silver Sneakers with Nara<br>10:30 Yiddish with Chany<br>11:30 Balance Class with Julian<br>2:00 Aqua Aerobics with Portia<br>3:00 Activities & Film Council<br>4:30 Happy Hour with Kenny<br>8:00 Ana Veciana-Suarez Speaks    | <b>17</b><br><br>10:30 Tai Chi with Tony<br>11:00 Dolphin Mall Shop & Lunch <b>RSVP</b><br>2:00 <b>NEW</b> News of the Day with Pam<br>2:00 Balance Class with Julian<br>4:30 Happy Hour w/Elegant Musicians<br>8:00 <b>You Only Live Twice with David</b><br>8:00 Cruise Ship Bingo  | <b>18</b><br><br>10:30 Barrerobics Gold with Edgar<br>11:30 Bollywood Gold with Nara<br>2:00 Mixed Media Art with Judith<br>2:00 Club Social Latino Con Nara<br>2:00 AquaAerobics with Portia<br>4:30 Happy Hour with Madrigal<br>8:00 Plaza Personalities<br>with multi talented Kelley Kennedy        | <b>19</b><br><br>10:30 Osher Lifelong Learning<br>2:00 Religion Club with Bud<br>2:00 Senior Spinning Class with Julian<br>3:00 Shabbat Services with Rabbi S.<br>4:30 Happy Hour with Grace<br>7:45 Resident's Request Movie<br>8:00 Cruise Ship Bingo                            | <b>20</b><br><br>10:30 Zumba Gold with Nara<br>2:00 Resident's Request Movie Matinee<br>2:00 <b>NEW!</b> Piano Lessons with Rich<br>3:00 Palace Theatre Group with Michelle<br>4:30 Happy Hour w/Lori<br>7:30 Karaoke Kafe with Sir Diego<br>Tonight... <b>YOU'RE THE STAR!</b>   |
| <b>New Resident Tea Party 21</b><br><b>MISO Tonight</b><br>10:30 Barrerobics Gold<br>1:45 Residents Request Movie<br>3:00 New Resident Welcome Tea <b>RSVP</b><br>4:30 Happy Hour with Sasha<br>5:00 MISO Bus Departs<br>7:45 Cine de Latino en el Teatro<br>8:00 Cruise Ship Bingo  | <b>22</b><br><br>10:30 Osher Lifelong Learning<br>2:00 Relaxing Chair Yoga with Vickie<br>2:00 Learn to Knit with BJ<br>3:00 <b>Selected Supreme Court Cases</b><br>with Elliott Manning<br>4:30 Happy Hour with Lani<br>8:00 First Run Movie Night<br>"Mark Felt"  | <b>23</b><br><br>10:30 Silver Sneakers with Nara<br>11:30 Book Club with Susan Dow<br>11:30 Balance Class with Julian<br>2:00 Aqua Aerobics with Portia<br>4:30 Happy Hour with Freddy<br>8:00 Foreign Film Night<br>"The Midwife" French              | <b>Actor's Playhouse Today 24</b><br><br>10:30 Tai Chi with Tony<br>11:30 Theatre-Goers Lunch at Ortanique<br>1:00 Bus to Actor's Playhouse Departs<br>2:00 <b>NEW</b> News of the Day with Pam<br>2:00 Balance Class with Julian<br>4:30 Happy Hour with Steve<br>8:00 <b>You Only Live Twice with David</b><br>8:00 Cruise Ship Bingo | <b>25</b><br><br>10:30 Barrerobics Gold with Edgar<br>11:30 Bollywood Gold with Nara<br>2:00 Mixed Media Art with Judith<br>2:00 Club Social Latino Con Nara<br>2:00 Aqua Aerobics with Portia<br>4:30 Happy Hour with Ruby<br>7:30 Strawberry Shortcake Social<br>with the hilarious Spoon Man         | <b>Diner's Club Luncheon 26</b><br><br>10:30 Osher Lifelong Learning<br>2:00 Religion Club with Bud<br>2:00 Senior Spinning Class with Julian<br>3:00 Shabbat Services with Rabbi S.<br>4:30 Happy Hour with Michael B.<br>7:45 Resident's Request Movie<br>8:00 Cruise Ship Bingo | <b>27</b><br><br>10:30 Zumba Gold with Nara<br>2:00 Resident's Request Movie Matinee<br>2:00 <b>NEW!</b> Piano Lessons with Rich<br>2:00 Jewelry Design with Donna<br>3:00 Palace Theatre Group with Michelle<br>4:30 Happy Hour w/Rich<br>8:00 Plaza Personalities<br>Ragtime Concert with Peter Bergin  |
| <b>Monthly Birthday Party 28</b><br><br>10:30 Barrerobics Gold<br>11:30 Catholic Mass with Fr. O'Grady<br>1:45 Residents Request Movie<br>2:00 Floral Design with Jenna <b>RSVP</b><br>4:30 Happy Hour with Oderlyn<br>5:30 January Birthday Cake Presented<br>Gifts for all January Birthdays<br>Please be present to receive your gift<br>8:00 Cruise Ship Bingo | <b>Superbowl Betting Opens 29</b><br><br>10:30 Osher Lifelong Learning<br>2:00 Relaxing Chair Yoga with Vickie<br>2:00 Learn to Knit with BJ<br>3:00 <b>Selected Supreme Court Cases</b><br>with Elliott Manning<br>4:30 Happy Hour with Danny O.<br>8:00 Temple Judea Youth Leaders Visit<br>Start your year right with these great kids | <b>30</b><br><br>10:30 Silver Sneakers with Nara<br>10:30 Yiddish with Chany<br>11:30 Balance Class with Julian<br>2:00 Aqua Aerobics with Portia<br>4:30 Happy Hour w/Elegant Musicians<br>8:00 1st Run Film Nite<br>Loving Vincent"                  | <b>31</b><br><br>10:30 Tai Chi with Tony<br>10:30 Beach BBQ Lunch <b>RSVP</b><br>2:00 <b>NEW</b> News of the Day with Pam<br>2:00 Balance Class with Julian<br>4:30 Happy Hour with Madrigal<br>8:00 <b>You Only Live Twice with David</b><br>8:00 Cruise Ship Bingo  | <div><div>- JANUARY 2018 -</div><div>Calendar is subject to change...</div><div>Please check Daily Digital Listings for up-to-the-minute info</div></div>   |  |   |

Catholic Communion every Thursday Morning at 10:00 am ♦ Shabbat Services every Friday Afternoon at 3:00 pm



## WE ENDED 2017 WITH PARTIES GALORE AT THE PALACE



*Thanks for the Memories!*

### DINING ENJOYMENT

**Continental Breakfast 7:30-10:30 am**

**Lunch 12:30-2:00 pm**

**Daily Happy Hour 4:30-6:00 pm**

**Dinner Served 4:30-7:30 pm**

### HEALTH & WELLNESS

MONDAY: YOGA (2:00)

TUESDAY: SILVER SNEAKERS (10:30) BALANCE (11:30)  
AQUA AEROBICS (2:00)

WEDNESDAY: TAI CHI (10:30) BALANCE (2:00)

THURSDAY: BARREROBICS (10:30) BOLLYWOOD GOLD (11:30)  
AQUA AEROBICS (2:00)

FRIDAY: SENIOR SPINNING (2:00)

SATURDAY: ZUMBA (10:30)

SUNDAY: BARREROBICS (10:30)