



The Gables Gazette

Luxury Carefree Living for Active Seniors

Pamela Parker, Social Director

JANUARY 2017

A Message from Helen



Any problems, issues,
or other questions?
Call me on my cell at
(786) 556-9009
or e-mail me at
Helen@ThePalace.org.
Love Helen Shaham,
Owner, The Palace Group

Month at a Glance

Please RSVP with Reservations Desk
for all activities marked in **RED**
Pre-Purchased Activities in **GREEN**

- 02 1st Run Film "The Dressmaker"
- 03 Activities Council Meets
- 03 Club Night Kick-Off Party
- 04 Excursion to Perez Art Museum
- 05 Yale U. A Cappella Chorus
- 07 Excursion to Live at the Met
- 09 1st Run Film "Denial"
- 10 Food Council Meets
- 10 Club Night at The Palace
- 11 Excursion to Festival Flea Mkt.
- 12 Big Band Dance Night
- 14 Film Critic Dan Hudak Speaks
- 15 Excursion to MISO Concert
- 16 1st Run Film "Snowden"
- 17 Resident's Council Meets
- 18 Excursion to Vizcaya Gardens
- 19 JC Revue Performs LIVE
- 21 Excursion to Live at the Met
- 21 Family & Friends Dance Event
- 22 Catholic Mass with Fr. O'Grady
- 22 High Tea with Entertainment
- 23 1st Run Film "Girl on the Train"
- 24 Club Night at The Palace
- 25 Excursion Gulfstream Racing
- 25 Gen. Bentzi Gruber Speaks
- 26 Emily Ricca Ballet LIVE
- 27 Strawberry Shortcake Social
- 28 BBQ Lunch with Pam
- 28 Latin Nite with Graciela Azar
- 29 Excursion to Gables Stage
- 30 1st Run "Light Between Oceans"
- 31 Author Brad Aiken Speaks

*Learn From Yesterday,
Live For Today,
Hope For Tomorrow.*

Happy New Year



*The Palace Coral Gables
Management & Staff*

NEW CLASSES THIS MONTH:

CANASTA ♦ FRENCH ♦ PORTRAITURES

Remember to check your in-house mailbox, located across the Lobby
from your US Postal Service mailbox, daily for important fliers and
announcements.

**For your convenience, our RESERVATIONS DESK is open daily from
5:00-6:00 pm at the Concierge Desk. Please make your monthly class,
excursion and special events reservations here at those times.**

The Digital Screens, located on every floor, are an up-to-the-minute
listing of menus, activities and events.

When in doubt, ask any of our Staff Members!

*Activities Abound
at The Palace Coral Gables!*

RED = EDUCATIONAL ACTIVITY BLUE = PHYSICAL ACTIVITY

Calendar is subject to change...Please check Daily Digital Listings for up-to-the-minute info

SUN	MON	TUE	WED	THU	FRI	SAT
1 10:30 Barrerobics Gold 1:45 Residents Request Movie 2:00 Blackjack Casino with Pam 4:30 Happy Hour with Pamir 7:45 Resident's Movie Encore 8:00 Cruise Ship Bingo Night	2 10:30 Gentle Chair Yoga 2:00 Learn to Knit with BJ 2:00 Bridge Lessons w/ Silvia 3:00 Multi-Media Art w/Judith 4:30 Elegant Happy Hour 8:00 New Release Movie Night <i>"The Dressmaker" Drama</i>	3 10:30 Silver Sneakers 2:00 Aqua Zumba 2:00 NEW! Learn to Speak French 2:00 Yiddish / Trivia Challenge 3:00 Activities Council Meets 4:30 Happy Hour with Danny 8:00 NEW! Club Night Kick-Off	4 10:30 Tai Chi for Health & Balance 11:00 Perez Art Museum RSVP 2:00 NEW! Portraits w/ Judith 2:00 Aquacise Class with Julian 2:30 NEW! Learn to Play Canasta 4:30 Happy Hour with Gerry 8:00 Cruise Ship Bingo or Movie	5 10:30 Barrerobics Gold 2:00 Painting with Jim 2:00 Club Social Latino Con Nara 3:00 Spanish Lessons with Nara 3:00 Move your Boombsey 4:30 Happy Hour with Magrigal 8:00 Yale U. Chorus Performs	6 10:30 Osher University Learning 1:30 Aquacise with Julian 2:00 Life Stories with Dorte 3:00 Shabbat Services w/Rabbi S. 4:30 Happy Hour with Michael B. 7:45 Resident's Request Movie 8:00 Cruise Ship Bingo with Steph	Live @ the Met 7 10:30 Zumba Gold 1:45 Saturday Movie Encore 2:00 Spanish Lessons with Nara 2:00 Theater Class with Lorenzo 3:00 Trivia / Jewelry Design 4:30 Happy Hour w/Rich 7:30 Karaoke Kafe with Sir Diego
8 10:30 Barrerobics Gold 1:45 Residents Request Movie 2:00 Blackjack Casino with Pam 4:30 Happy Hour with Katherine 7:45 Resident's Movie Encore 8:00 Cruise Ship Bingo Night	9 10:30 Gentle Chair Yoga 2:00 Learn to Knit with BJ 2:00 Bridge Lessons w/ Silvia 3:00 Multi-Media Art w/Judith 4:30 Elegant Happy Hour 8:00 New Release Movie Night <i>"Denial" Drama</i>	10 10:30 Silver Sneakers 2:00 Aqua Zumba 2:00 NEW! Learn to Speak French 2:00 Torah Study / Trivia Challenge 3:00 Food Council Meets 4:30 Happy Hour with Kevin 8:00 Club Night at The Palace	11 10:30 Tai Chi for Health & Balance 11:00 Festival Flea Market RSVP 2:00 NEW! Portraits w/ Judith 2:00 Aquacise Class with Julian 2:30 NEW! Learn to Play Canasta 4:30 Happy Hour with Ralph 8:00 Cruise Ship Bingo or Movie	12 10:30 Barrerobics Gold 2:00 Painting with Jim 2:00 Club Social Latino Con Nara 3:00 Spanish Lessons with Nara 3:00 Move your Boombsey 4:30 Happy Hour with Ruby 7:30 Big Band Dance Night	13 10:30 Osher University Learning 1:30 Aquacise with Julian 2:00 Life Stories with Dorte 3:00 Shabbat Services w/Rabbi S. 4:30 Happy Hour with Gabriela 7:45 Resident's Request Movie 8:00 Cruise Ship Bingo with Steph	14 10:30 Zumba Gold 11:30 Book Club with Lisa 2:00 Spanish Lessons with Nara 2:00 Theater Class with Lorenzo 3:00 Trivia / Jewelry Design 4:30 Happy Hour w/Lori 8:00 Film Critic Dan Hudak Speaks
Symphony Tonight 15 10:30 Barrerobics Gold 2:00 ASM Dance Production Live <i>"Welcome to the 50's & 60's"</i> 4:30 Happy Hour with Sasha 7:45 Resident's Request Movie 8:00 Cruise Ship Bingo Night	16 10:30 Gentle Chair Yoga 2:00 Learn to Knit with BJ 2:00 Bridge Lessons w/ Silvia 3:00 Multi-Media Art w/Judith 4:30 Elegant Happy Hour 8:00 New Release Movie Night <i>"Snowden" Drama</i>	17 10:30 Silver Sneakers 2:00 Aqua Zumba 2:00 NEW! Learn to Speak French 2:00 Yiddish / Trivia Challenge 3:00 Resident's Council Meets 4:30 Happy Hour with Kenny 8:00 Pain Control Specialist Speaks	18 10:30 Tai Chi for Health & Balance 11:00 Vizcaya Gardens RSVP 2:00 NEW! Portraits w/ Judith 2:00 Aquacise Class with Julian 2:30 NEW! Learn to Play Canasta 4:30 Happy Hour with Peter 8:00 Cruise Ship Bingo or Movie	19 10:30 Barrerobics Gold 2:00 Painting with Jim 2:00 Club Social Latino Con Nara 3:00 Spanish Lessons with Nara 3:00 Move your Boombsey 4:30 Happy Hour with Magrigal 8:00 JC Revue Live on Stage	20 10:30 Osher University Learning 1:30 Aquacise with Julian 2:00 Life Stories with Dorte 3:00 Shabbat Services w/Rabbi S. 4:30 Happy Hour with Michael B. 7:45 Resident's Request Movie 8:00 Cruise Ship Bingo with Steph	Live @ the Met 21 10:30 Zumba Gold 2:00 Spanish Lessons with Nara 2:00 Theater Class with Lorenzo 3:00 Jewelry Design 4:30 Happy Hour w/Rich 7:30 Family & Friends Dance Event <i>"Dancin Thru the Decades"</i>
Tea Party Today 22 10:30 Barrerobics Gold 11:30 Catholic Mass w/Fr. O'Grady 1:45 Residents Request Movie 2:00 Blackjack Casino with Pam 4:30 Happy Hour w/Elegant Music 7:45 Resident's Movie Encore 8:00 Cruise Ship Bingo Night	23 10:30 Gentle Chair Yoga 2:00 Learn to Knit with BJ 2:00 Bridge Lessons w/ Silvia 3:00 Multi-Media Art w/Judith 4:30 Elegant Happy Hour 8:00 New Release Movie Night <i>"Girl on the Train" Drama</i>	24 10:30 Silver Sneakers 2:00 Aqua Zumba 2:00 NEW! Learn to Speak French 2:00 Torah Study / Trivia Challenge 4:30 Happy Hour with Ruby 6:30 Monthly Birthday Cake Served 8:00 Club Night at The Palace	25 10:30 Tai Chi for Health & Balance 10:00 Gulfstream Race Track RSVP 2:00 NEW! Portraits w/ Judith 2:00 Aquacise Class with Julian 4:30 Happy Hour with Steve 8:00 Gen. Bentzi Gruber Speaks <i>Don't miss this fascinating lecture</i>	26 10:30 Barrerobics Gold 2:00 Painting with Jim 2:00 Club Social Latino Con Nara 3:00 Spanish Lessons with Nara 3:00 Move your Boombsey 4:30 Happy Hour with Baserva 8:00 Emily Ricca Ballet Live	27 10:30 Osher University Learning 1:30 Aquacise with Julian 2:00 Life Stories with Dorte 3:00 Shabbat Services w/Rabbi S. 4:30 Happy Hour w/Elegant Music 7:30 Strawberry Shortcake Social <i>Entertainment by "The Spoon Man"</i>	Pam's BBQ Today 28 10:30 Zumba Gold 1:45 Saturday Movie Encore 2:00 Spanish Lessons with Nara 2:00 Theater Class with Lorenzo 3:00 Trivia / Reiki Circle 4:30 Happy Hour w/Lori 8:00 Latin Night w/Graciela Azar
Gables Stage Today 29 10:30 Barrerobics Gold 1:45 Residents Request Movie 2:00 Blackjack Casino with Pam 4:30 Happy Hour with Laurie 7:45 Resident's Movie Encore 8:00 Cruise Ship Bingo Night	30 10:30 Gentle Chair Yoga 2:00 Learn to Knit with BJ 2:00 Bridge Lessons w/ Silvia 3:00 Multi-Media Art w/Judith 4:30 Elegant Happy Hour 8:00 New Release Movie Night	Yappy Hour Today 31 10:30 Silver Sneakers 2:00 Aqua Zumba 2:00 NEW! Learn to Speak French 2:00 Yiddish/ Trivia Challenge 4:30 Happy Hour with Baserva 8:00 Author Brad Aiken Speaks	<h1>HAPPY NEW YEAR 2017</h1> <p><i>Cheers to a new year and another chance for us to get it right. – Oprah Winfrey</i></p>			

REMEMBER TO RSVP EARLY FOR EVENTS, CLASSES & ACTIVITIES
RESERVATIONS DESK OPEN DAILY FROM 5:00 - 6:00 pm



Dinner Served 4:30-7:30 pm

SUNDAY: BARREROBICS (10:30)