



The Gables Gazette

Luxury Carefree Living for Active Seniors

Pamela Parker, Social Director

FEBRUARY, 2018

A Message from Helen



Any problems, issues,
or other questions?
Call me on my cell at
(786) 556-9009
or e-mail me at
Helen@ThePalace.org.

Month at a Glance

Please RSVP with Reservations Desk for
all activities marked in **RED**
Pre-Purchased Activities in **GREEN**

- 01 Nellie's Closet Trunk Show in Theatre
- 01 Foreign Film Nite "People vs Fritz Bauer"
- 03 Latin Music Nite
- 04 Family & Friends Super Bowl Party
- 05 1st Run Film Nite "Rebel in the Rye"
- 06 "Islam and the Koran" Lecture
- 07 Excursion to Miami Merchandise Mart
- 08 Diner's Club Meeting
- 08 Showtime w/Ashley "Bojangles" Cooper
- 10 Jewelry Design with Donna
- 10 Film Critic Dan Hudak speaks
- 11 Diner's Club Lunch Outing with Gail M.
- 11 Floral Design with Jenna
- 11 4th Floor Block Party
- 12 1st Run Film Nite "LBJ"
- 12 Food and Dining Council Meeting
- 13 Resident's Mardi Gras Celebration
- 14 Ash Wednesday Application of Ashes
- 14 Excursion to Historic Cauley Square
- 14 Resident's Valentines Day Dinner
- 15 Showtime with JC Revue
- 17 Watercolors & Wine Cocktail Party
- 17 Latin Music Nite
- 18 Make Hamentashen with Chabad Kids
- 18 Excursion to Gables Stage
- 18 Champagne Tea Party
- 19 Resident's Council Meeting
- 19 1st Run Film Nite "Wonder"
- 20 Activities & Film Council Meeting
- 20 Game Tournament Nite
- 21 Excursion to Festival Flea Market
- 22 Current Events with Ken & Pam
- 24 Advanced Jewelry Design with Donna
- 25 Catholic Mass with Father O'Grady
- 25 Floral Design with Jenna
- 25 February Birthday Cake Presented
- 25 Diner's Club Dinner Outing with Gail M.
- 26 Temple Judea Teens Visit
- 27 Book Club Meets "Hillbilly Elegy"
- 27 1st Run Film "3 Billboards Ebbing, MO"
- 28 Excursion to The Falls Shopping Mall

With Love, from Pam

Dear Friends...Welcome to February, the month of love and affection! I'm sending hugs and kisses to each and every one of you, not only this month, but all year long. February is going to be a VERY exciting month. Most importantly, I want to welcome my new, fabulous assistants Nara & Edgar. You already know and love them but now, instead of being here only a few times a week as instructors, you have them as part of our Entertainment Team. Please make sure you give them a warm, Palace welcome and look for some exciting new classes with them. Also this month, mark your calendar for our annual Super Bowl Tailgate Party and invite Family and Friends to join you for a delicious dinner and the game of the year on the Big Screen. We'll be giving away \$100 cash each quarter so come ready to win!

Our resident events in February include a Mardi Gras Celebration on Tuesday, February 13 and a Valentine's Dinner on Wednesday, February 14. Always fabulous Nellies Closet Trunk Show returns on Thursday February 1 with a theatre full of new clothing and great accessories for you and your friends so make sure you shop early for the best selections. And, Palace favorites Ashley "Mr. Bojangles" Cooper and JC Revue return for our Las Vegas-style shows in the Theatre on Thursday evenings.

There's so much more happening this month, so check out the calendar inside and don't miss a beat. If you have any questions or feel like chatting, please drop in to see me...I'll have the coffee waiting!

Love, Pam
786-441-8885

pam@thepalace.org

Our Family & Friends Events are complimentary and DO require Guest Reservations. In order to better serve you and your guests, please make your reservations well in advance at our Concierge Desk.


For your convenience, our RESERVATIONS DESK is open daily from 5:00-6:00 pm at the Concierge Desk. Please make your monthly class, excursion and special events reservations here at those times.

The Digital Screens, located on every floor, are an up-to-the-minute listing of menus, activities and events.

When in doubt, ask any of our Staff Members!

*Activities Abound
at The Palace Coral Gables!*

Blackjack Casino every Thursday & Sunday at 2:00 pm

<i>Sun</i> <i>Mon</i> <i>Tue</i> <i>Wed</i> <i>Thu</i> <i>Fri</i> <i>Sat</i>						
February						
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Super Bowl 52 Party 4 Invite your Family & Friends to join you for our Super Bowl 52 Tailgate Dinner & Game on the Big Screen	5 10:30 Osher Lifelong Learning 2:00 Relaxing Chair Yoga with Vickie 2:00 Learn to Knit with BJ 3:00 “Selected Supreme Court Cases” 4:30 Happy Hour with Lani 8:00 First Run Movie Night “Rebel in the Rye” Bio Drama PG-13	6 11:30 Balance Class with Julian 2:00 Aqua Aerobics with Portia 3:00 Silver Sneakers with Nara 4:30 Happy Hour w/Elegant Musicians 8:00 Osher Presents...World Events Islam and the Koran Understanding the Religion and Followers In partnership with Palace Religion Club	7 10:30 Tai Chi with Tony 11:00 Miami Merchandise Mart RSVP 2:00 Balance Class with Julian 4:30 Happy Hour with Gerry 8:00 It’s a Wrap, Folks With the fabulous David Leddick 7:45 Resident’s Request Movie 8:00 Cruise Ship Bingo	8 Diner’s Club Meeting 10:30 Barrerobics Gold with Edgar 11:30 Belly Motions with Luisa 2:00 Mixed Media Art with Judith 2:00 Aqua Aerobics with Portia 3:00 Club Social Latino Con Nara 4:30 Happy Hour with Madrigal 8:00 Showtime at the Palace Ashley “Mr. Bojangles” Cooper	9 10:30 Osher Lifelong Learning 1:00 Ballroom Dance Lessons w/Edgar 2:00 Religion Club with Bud 2:00 Senior Spinning Class with Julian 3:00 Shabbat Services with Rabbi S. 3:00 NYC Ballet Stretch with Edgar 4:30 Happy Hour with Grace 7:45 Movie/Cruise Ship Bingo	10 10:30 Zumba Gold with Tiffany 2:00 Jewelry Design with Donna 2:00 Piano Lessons with Rich (Group 1) 2:00 Resident’s Request Movie Matinee 3:00 Palace Theatre Group with Michelle 2:00 Piano Lessons with Rich (Group 2) 4:30 Happy Hour w/Rich 8:00 Film Critic Dan Hudak Speaks
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Calendar is subject to change... Please check Daily Digital Listings for up-to-the-minute info

OUR BAVARIAN BIERHAUS WAS FUN & DELICIOUS!



Our themed Family & Friends Events is one of the many things that sets The Palace Coral Gables apart from other communities nationwide. Every month, we host exciting events for our residents and invite them to ask their family members and friends to join in on the all the action. Whether our theme takes us to another country or place in time, celebrates a specific holiday or event or is just for fun, you can be sure all guests enjoy delicious food, spirited beverages and professional entertainment. All Family & Friends Events require advance Guest Reservations and you can easily RSVP every afternoon at our Reservations Desk or by calling Pam, Nara or Edgar in the Entertainment Office. Remember to make your reservations early for our Family & Friends Super Bowl 52 Tailgate Party on Sunday, February 4. We'll have all your favorites at our Tailgate Buffet, the beer will be icy and flowing and you can watch the game of the year on our state-of-the-art big screen and win \$100 per quarter if you participate in our Super Bowl Game! We'll see you there!

DINING ENJOYMENT

Continental Breakfast 7:30-10:30 am

Lunch 12:30-2:00 pm

Daily Happy Hour 4:30-6:00 pm

Dinner Served 4:30-7:30 pm

HEALTH & WELLNESS

MONDAY: YOGA (2:00)

TUESDAY: BALANCE (11:30) AQUA AEROBICS (2:00)
SILVER SNEAKERS (3:00)

WEDNESDAY: TAI CHI (10:30) BALANCE (2:00)


THURSDAY: BARREROBICS (10:30) BELLY MOTIONS (11:30)
AQUA AEROBICS (2:00)

FRIDAY: BALLROOM DANCING (1:00) SENIOR SPINNING (2:00)
NYC BALLET STRETCH (3:00)

SATURDAY: ZUMBA (10:30)

SUNDAY: WE REST!

Blackjack Casino every Thursday & Sunday at 2:00 pm

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